

YEAR PLAN – Rise and Shine Starter – Grade 1

Lessons per semester 34

Lessons per school year 68

Winter Term

Lesson No.	Unit No.	Grammar	Vocabulary
1	Introduction		
2	Welcome	Hello, I'm... Hi	Numbers 1 – 6
3	Welcome	Look, a (book) Goodbye	Classroom objects: bag, book, crayon, pencil
4	1	A (chair) A (red chair)	Classroom objects: board, chair, door, table, teacher, window
5	1		
6	1		
7	1		
8	1		
9	1		
10	1		
11	1		
12	1		
13	1		
14	2	My (mum) This is my (sister).	Please, thank you Family: boy, brother, dad, girl, mum, sister, family, friend, grandad, granny Possible extra: Halloween vocab
15	2		
16	2		
17	2		
18	2		
19	2		
20	2		
21	2		
22	2		
23	2		
24	Review 1		
25	3	It's a (cat). It's (white).	Adjectives: small, big Animals: bird, cat, chicken, duck, goat, rabbit Colours: green, grey, orange, white Possible extra: Christmas vocab
26	3		
27	3		
28	3		
29	3		
30	3		
31	3		
32	3		
33	3		
34	3		

Summer Term

Lesson No.	Unit No.	Grammar	Vocabulary
1	4	I've got (hands). Clap your hands. Move your body. Stamp your feet. Sing. I am 7.	Numbers 7 – 10 Body parts: body, eyes, feet, hands, head, mouth Actions: clap, move, sing, stamp
2	4		
3	4		
4	4		
5	4		
6	4		
7	4		
8	4		
9	4		
10	4		
11	Review 2		
12	5	It's a (red) (slide). I've got a (green) (pen).	Shapes: circle, square, triangle Toys: ball, flower, kite, plane, scooter, slide, blocks, boat, teddy bear, yo-yo Possible extra: Easter vocab
13	5		
14	5		
15	5		
16	5		
17	5		
18	5		
19	5		
20	5		
21	5		
22	6	I like (bread). I don't like (apples).	Hungry, thirsty Food: apples, bread, cakes, cheese, milk, water, oranges, pears
23	6		
24	6		
25	6		
26	6		
27	6		
28	6		
29	6		
30	6		
31	6		
32	Review 3	Bye. See you soon. It's cloudy / rainy / sunny.	
33	Review 3		
34	Goodbye		